

# Long-lived Elderly

## PERSPECTIVE

### 65 Years old is still young!

**H**ow old is old? World Health Organisation (WHO) had declared that 65 years old is still considered young.

Before, based on the Friendly Societies Act (1875) in Britain, old was defined by age of 50. The UN has not adopted a standard criterion but lately 60 years old was referred as the border age to the word 'old'. However the health organisation had done a new research



recently, according to average health quality and life expectancy and defined a new criterion that divides human age as follows:

- 0 to 17 years old: underage
- 18 to 65 years old: youth or young people
- 66 to 79 years old: middle-aged
- 80 to 99 years old: elderly or senior
- 100+ years old: long-lived elderly

Kurze Zwischenfrage: Wer hat vor, hier noch mitzulesen, wenn ich ein *long-lived elderly* bin?